

## **Minutes of Yell Health Support Group held on 30<sup>th</sup> November 2006 in Yell Health Centre at 6:30pm**

**Present: Angus, Annette, Dan, Julia, Mark, Rosie and Patricia.**

**Apologies: Alexis, Rae, Robert, Winnie and Charlie**

Minutes of last meeting were read and agreed.

**Patient Leaflet:** Robert had passed on his concern that the leaflet said there was no dentist. The dentist here at the moment is a locum. When a permanent dentist is in place the leaflet will be updated. Dan noticed times for Fetlar are wrong. NHS24 was discussed and it was agreed that a section should be added to explain NHS24 role in the practice. At the moment the leaflet is handed out to new patients only but it was agreed that the leaflet should be available to existing patients too. There is a large print leaflet available.

**Ambulance:** Neil Bristow is now in charge of Shetland ambulances. Training is ongoing. There still continue to be problems with the Mainland ambulance not meeting the ferry in Toft. There have been quite a few occasions when the Yell ambulance has gone all the way to Lerwick. Whalsay are having similar problems. Mark and Rosie have expressed concerns to the Ambulance Service and will continue to monitor the situation.

**Website:** Creating a website for the health centre was discussed. It was agreed to ask patients what information they would like on a website and to look into the cost of creating one. It was also agreed that the new patient questionnaire should include the option to add an e-mail address and a mobile phone no. Use of mobile phones for contacting GPs by text messages were also discussed. It was felt that we should ask what people think of this.

**Young people:** It was agreed that it would be good to get younger peoples' opinions. Rosie will approach the school and youth café to see if they could encourage younger people to become members of the group.

**Items for purchase:** It was agreed to purchase the following:

- 1) Julia suggested an oxygen concentrator. Rosie pointed out that patients needed to be assessed by a consultant before these are given out and they are readily available if required.
- 2) Mark suggested some type of incentive to encourage people to take more exercise (ie hiring the pool for 1 hour per week with free access to any adult who wanted to use it). It was generally agreed that money was probably not the issue it was just having the get up and go. Clare is planning to start a "Fit Club" in the New Year and it was agreed that we should discuss this with her, as we may be able to help sponsor this or provide a "prize" of some sort.
- 3) It was agreed to purchase mobile screens for use in the trainee GPs room to provide privacy.

- 4) It was agreed to purchase 2 light boxes to be given to patients on a trial basis of say 2-3 weeks and then possibly a further 2 weeks while they access one of their own. Julia suggested having a written contract to give out with the light boxes to ensure there was no confusion about the terms of loan.
- 5) A spirometer is still to be purchased. This is to be discussed with Hilary more before one is purchased.
- 6) If anyone has any ideas for additions to the library then please let us know.

It was agreed to hold another meeting early in the New Year following discussion with Clare about her Fit Club.